



ATHMAR RECREATION CENTER

SUMMER 2018 MAY 27—AUGUST 18

ACTIVITIES LISTED ARE INCLUDED WITH REGIONAL LEVEL PASSES/MEMBERSHIPS. ADDITIONAL FEES APPLY FOR LOCAL OR NEIGHBORHOOD LEVELS.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Circuit Training 9:15 - 10:15 a.m.		Circuit Training 9:15 - 10:15 a.m.		Circuit Training 9:15 - 10:15 a.m.	
Circuit Training 10:30 - 11:30 a.m.	SilverSneakers® Classic 1:00 - 2:00 p.m.	Circuit Training 10:30 - 11:30 a.m.	SilverSneakers® Classic 1:00 - 2:00 p.m.		Video Arcade 10:00 a.m. - 2:30 p.m.
Club: Adult Crafts 10:30 a.m. - 12:30 p.m.	Video Arcade 12:00-5:00 p m	* Grocery Bingo 1:00 - 3:00 p.m.	Video Arcade 12:00-5:00 p m	Video Arcade 12:00-5:00 p m	
SilverSneakers® Cardio 1:00 - 2:00 p.m.		Video Arcade 12:00-5:00 p m			
Video Arcade 12:00-5:00 p m	Pilates 6:00 - 7:00 p.m.		Pilates 6:00 - 7:00 p.m.		

SilverSneakers® classes available at this site
* Additional fee required
MY Denver youth activities available on site

GYMNASIUM SCHEDULE (SUBJECT TO CHANGE WITHOUT NOTICE)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym 12:00 - 4:00 p.m.	Open Gym 6:00 - 11:30 a.m. 1:30 - 8:00 p.m.	Open Gym 6:00 - 11:30 a.m. 1:30 - 8:00 p.m.	Open Gym 6:00 a.m. - 4:00 p.m. 8:30 - 8:00 p.m.	Open Gym 6:00 - 11:30 a.m. 1:30 - 8:00 p.m.	Open Gym 6:00 a.m. - 1:00 p.m. 3:00 - 7:00 p.m.	Open Gym 9:00 a.m. - 3:00 p.m.
	Pickleball 11:30 a.m. - 1:30 p.m.	Full-Court Basketball Ages: 19+ 11:30 a.m. - 1:30 p.m.		Full-Court Basketball Ages: 19+ 11:30 a.m. - 1:30 p.m.	Pickleball 1:00 - 3:00 p.m.	

HOURS OF OPERATION: MONDAY - THURSDAY (6:00a - 9:00p) | FRIDAY (6:00a - 8:00p) | SATURDAY (9:00a - 3:00p) | SUNDAY (12:00 - 4:00p)

ATHMAR RECREATION CENTER, 2680 W. MEXICO AVENUE, DENVER, CO 80219 | 720.865.2180 | DENVERGOV.ORG/RECREATION