



ATHMAR RECREATION CENTER

SUMMER 2018, MAY 27 - AUGUST 18

AQUA FITNESS SCHEDULE (ACTIVITIES LISTED ARE INCLUDED WITH REGIONAL LEVEL PASSES/MEMBERSHIPS. ADDITIONAL FEES APPLY FOR LOCAL AND NEIGHBORHOOD LEVELS.)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Aqua Aerobics 8:30 - 9:30 a.m.	Ai Chi 8:30 - 9:30 a.m.	Aqua Aerobics 8:30 - 9:30 a.m.	Ai Chi 8:30 - 9:30 a.m.	Aqua Aerobics 8:30 - 9:30 a.m.	
Water Walking 9:30 - 10:15 a.m.	Water Walking 9:30 - 10:15 a.m.	Water Walking 9:30 - 10:15 a.m.	Water Walking 9:30 - 10:15 a.m.	* Multiple Sclerosis Hydro Therapy 9:30 - 11:30 a.m.	

SilverSneakers® honored at this site

* Register through MS

SWIM HOURS (OPEN • LAP • ADULT • FAMILY)

Activity	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim <i>*(2 lanes only)</i>	12:00 - 1:00 p.m.	6:00 - 8:15 a.m. 11:30 a.m. - 1:00 p.m. 5:30 - 6:00 p.m.	6:00 - 8:15 a.m. 11:30 a.m. - 1:00 p.m.	6:00 - 8:15 a.m. 11:30 a.m. - 1:00 p.m. 5:30 - 6:00 p.m.	6:00 - 8:15 a.m. 11:30 a.m. - 1:00 p.m.	6:00 - 8:15 a.m. 11:30 a.m. - 1:00 p.m.	9:00 - 11:00 a.m.
Adult Swim		12:00 - 1:00 p.m.	12:00 - 1:00 p.m.	12:00 - 1:00 p.m.	12:00 - 1:00 p.m.	12:00 - 1:00 p.m.	
Open Swim	1:15 - 3:15 p.m.	1:15 - 5:15 p.m. 7:30 - 8:30 p.m.	1:15 - 5:15 p.m. 7:30 - 8:30 p.m.	1:15 - 5:15 p.m. 7:30 - 8:30 p.m.	1:15 - 5:15 p.m. 7:30 - 8:30 p.m.	1:15 - 6:30 p.m.	11:15 a.m. - 2:30 p.m.

SWIM LESSON SCHEDULE (REGISTRATION FEES APPLY)

POOL AREA SHUTS DOWN 30 MINUTES PRIOR TO CLOSING

Summer Season Information

Session I (06/04/18-06/27/18)

Session II (07/09/18-08/01/18)

Registration Begins: 05/08/18

Monday/Wednesday

10:30 - 11:00a.m. ▪ Parent-Child (ages 6mos - 3) ▪ Preschool (ages 3 - 5)

6:00 - 6:30 p.m. ▪ Adult (ages 15+)

6:30 - 7:00 p.m. ▪ Preschool (ages 3 - 5) ▪ Parent-Child (ages 6mos - 3) ▪ Level 2 (ages 5 - 17)

7:00 - 7:30 p.m. ▪ Level 1, 3, 5 (ages 5 - 17)

Tuesday/Thursday

5:30 - 6:00 p.m. ▪ Level 1, 2, 4 (ages 5 - 17)

6:00 - 6:30 p.m. ▪ Preschool (ages 3 - 5) ▪ Level 1, 3 (ages 5 - 17)

6:30 - 7:30 p.m. ▪ Fitness Swim (ages 5 - 17)