



GREEN VALLEY RANCH RECREATION CENTER

SUMMER 2018, MAY 27 - AUGUST 18

ACTIVITIES LISTED ARE INCLUDED WITH REGIONAL AND LOCAL LEVEL PASSES/MEMBERSHIPS. ADDITIONAL FEES APPLY FOR NEIGHBORHOOD LEVELS.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Pilates 9:00 - 10:00 a.m.		Pilates 9:00 - 10:00 a.m.	
SilverSneakers® Cardio 11:00 a.m. - 12:00 p.m.	SilverSneakers® Classic 11:30 a.m. - 12:30 p.m.	SilverSneakers® Cardio 11:00 a.m. - 12:00 p.m.	SilverSneakers® Circuit 11:30 a.m. - 12:30 p.m.	Power Sculpt 10:15 - 11:00 a.m.	Barre Fit 11:00 a.m. - 12:00 p.m.
SilverSneakers® Yoga 1:00 - 2:00 p.m.	SilverSneakers® Yoga 12:30 - 1:30 p.m.	Club: Social 12:00 - 3:00 p.m.		SilverSneakers® Classic 11:30 a.m. - 12:30 p.m.	
Power Sculpt 6:00 - 7:00 p.m.		ZUMBA® 5:45 - 6:45 p.m.	ZUMBA® 6:00 - 7:00 p.m.		

SilverSneakers® honored at this site

MY Denver youth activities schedule available on site

GYMNASIUM SCHEDULE (SUBJECT TO CHANGE WITHOUT NOTICE)

Court	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
East Court	Open Gym 6:00 a.m. - 8:00 p.m. June 4th - August 3rd	Open Gym 6:00 a.m. - 8:00 p.m. June 4th - August 3rd	Open Gym 6:00 a.m. - 8:00 p.m. June 4th - August 3rd	Open Gym 6:00 a.m. - 8:00 p.m. June 4th - August 3rd	Open Gym 6:00 a.m. - 8:00 p.m. June 4th - August 3rd	Men's Full-Court Basketball Ages: 16+ 10:00 a.m. - 12:00 p.m.
						Open Gym 12:00 - 4:00 p.m.
West Court	Open Gym 6:00 a.m. - 8:00 p.m. June 4th - August 3rd	Open Gym 6:00 a.m. - 8:00 p.m. June 4th - August 3rd	Open Gym 6:00 a.m. - 8:00 p.m. June 4th - August 3rd	Open Gym 6:00 a.m. - 8:00 p.m. June 4th - August 3rd	Open Gym 6:00 a.m. - 8:00 p.m. June 4th - August 3rd	Men's Full-Court Basketball Ages: 16+ 10:00 a.m. - 12:00 p.m.
						Open Gym 12:00 - 4:00 p.m.

HOURS OF OPERATION: MONDAY – FRIDAY (6:00 a.m.- 8:00 p.m.) | SATURDAY (10:00 a.m. - 4:00 p.m.) | SUNDAY (closed)

GREEN VALLEY RANCH RECREATION CENTER, 4890 ARGONNE WAY, DENVER, CO 80249 | 720.865.4370 | DENVERGOV.ORG/RECREATION