



# LA ALMA RECREATION CENTER

SUMMER 2018, MAY 27 - AUGUST 18

ACTIVITIES LISTED ARE INCLUDED WITH REGIONAL LEVEL PASSES/MEMBERSHIPS. ADDITIONAL FEES APPLY FOR LOCAL OR NEIGHBORHOOD LEVELS.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Club Social</b> 10:00 a.m.-12:30 p.m.	<b>Club Social</b> 10:00 a.m.-12:30 p.m.				
		<b>SilverSneakersYoga</b> 11:45a.m.-1245 p.m.	<b>SilverSneakers classic</b> 10:15a.m.-11:15a.m.			

SilverSneakers® classes available at this site

\* Additional fees may apply

◇ Registration/Appointment required

MY Denver youth activities schedule available on site

## GYMNASIUM SCHEDULE (SUBJECT TO CHANGE WITHOUT NOTICE)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Open Gym</b> 10:00 a.m.-7:45p.m.	<b>Open Gym</b> 10:00a.m.-7:45p.m.	<b>Open Gym</b> 6:00 - 8:00 a.m. 1:00 - 9:00 p.m.	<b>Open Gym</b> 10:00a.m.-7:45p.m.	<b>Open Gym</b> 10:00a.m.—5:45p.m.	<b>My Denver Skills and Drills</b> 10:00a.m.-2:00 p.m.
		<b>My Denver Skills and Drills</b> 6:00-7:45 p.m.		<b>NIGHT MOVES</b> 6:00-10:00 p.m.	<b>NIGHT MOVES</b> 6:00-10:00 p.m.

**HOURS OF OPERATION:** MONDAY - THURSDAY (10:00a - 8:00p) | FRIDAY (10:00a - 7:00p) | SATURDAY (10:00a - 2:00p)

LA ALMA RECREATION CENTER, 1325 W 11TH DENVER , CO 80204 | 720.865.2200 | DENVERGOV.ORG/RECREATION