



# LA FAMILIA RECREATION CENTER

SUMMER 2018, MAY 27 - AUGUST 18

ACTIVITIES LISTED ARE INCLUDED WITH REGIONAL AND LOCAL LEVEL PASSES/MEMBERSHIPS. ADDITIONAL FEES APPLY FOR NEIGHBORHOOD LEVELS.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Power Sculpt™</b> 11:15 a.m. - 12:15 p.m.	<b>SilverSneakers® Classic</b> 10:15 - 11:15 a.m.	<b>Essentrics™</b> 11:15 a.m. - 12:15 p.m.	<b>SilverSneakers® Classic</b> 10:15 - 11:15 a.m.	
<b>Vinyasa Yoga</b> 5:30 - 6:30 p.m.		<b>Vinyasa Yoga</b> 5:30 - 6:30 p.m.	<p>MY Denver youth activities schedule available on site SilverSneakers® classes available at this site</p>		

## GYMNASIUM SCHEDULE (SUBJECT TO CHANGE WITHOUT NOTICE)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Open Gym</b> 1:30 - 9:00 p.m.	<b>Open Gym</b> 6:00 - 9:00 a.m. 12:30 - 9:00 p.m.	<b>Open Gym</b> 1:30 p.m. - 9:00 p.m.	<b>Open Gym</b> 6:00 - 9:00 a.m. 12:30 - 9:00 p.m.	<b>Open Gym</b> 1:30 - 8:00 p.m.	<b>Open Gym</b> 12:00 p.m. - 1:00 p.m.
	<b>Full-Court Basketball:</b> <b>Ages: 50+</b> 9:00 - 11:00 a.m.		<b>Full Court Basketball:</b> <b>Ages: 50+</b> 9:00 - 11:00 a.m.		
<b>Full-Court Basketball:</b> <b>Ages: 19+</b> 11:30 a.m. - 1:30 p.m.		<b>Full-Court Basketball:</b> <b>Ages: 19+</b> 11:30 a.m. - 1:30 p.m.		<b>Full-Court Basketball:</b> <b>Ages: 19+</b> 11:30 a.m. - 1:30 p.m.	

**HOURS OF OPERATION:** MON., WED. (10:00a - 9:00p) | TUES., THURS. (6:00a - 9:00p) | FRI. (10:00a - 8:00p) | SAT. (9:00a - 1:00p) | SUN. (closed)

LA FAMILIA RECREATION CENTER, 65 S. ELATI STREET, DENVER, CO 80223 | 720.865.2170 | DENVERGOV.ORG/RECREATION