



SCHAITLER @ BERKELEY PARK RECREATION CENTER

SPRING 2018, MARCH 18 - MAY 26

ACTIVITIES LISTED ARE INCLUDED WITH REGIONAL LEVEL PASSES/MEMBERSHIPS. ADDITIONAL FEES APPLY FOR LOCAL OR NEIGHBORHOOD LEVELS.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Yoga Level I 7:00 - 8:00 a.m.		Walking Group 8:30 - 9:30 a.m.		
Power Sculpt 9:00 - 10:00 a.m.	Walking Group 8:30 - 9:30 a.m.	Power Sculpt 9:00 - 10:00 a.m.	SilverSneakers® Circuit 9:30 - 10:30 a.m.	Power Sculpt 9:00 - 10:00 a.m.	Group Training 9:15 - 10:15 a.m.
Table Games 10:00 a.m. - 1:00 p.m.	SilverSneakers® Circuit 9:30 - 10:30 a.m.	* Yoga: Parkinson's 10:45 a.m. - 12:00 p.m. 12:15 - 1:30 p.m.	ZUMBA® 6:00 - 7:00 p.m.	* ◇ Holiday Brunch April 5th - \$5.00 11:00 a.m. - 1:00 p.m.	Yoga Level I 10:30 - 11:30 a.m.
	ZUMBA® 6:00 - 7:00 p.m.	Group Training 6:30 - 7:30 p.m.	Yoga Level II 7:15 - 8:15 p.m.	SilverSneakers® classes available at this site * Additional fees may apply	
	* Tea Dance 1:00 - 3:00 p.m.				

MY Denver youth activities schedule available at the front desk

GYMNASIUM SCHEDULE (SUBJECT TO CHANGE WITHOUT NOTICE)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym 9:00 - 11:00 a.m.	Open Gym 6:00 - 9:00 a.m. 11:00 a.m. - 4:15 p.m. 5:45 - 8:30 p.m.	Open Gym 6:00 - 9:00 a.m. 1:00 - 5:15 p.m.	Open Gym 6:00 - 9:00 a.m. 1:00 - 5:15 p.m.	Open Gym 6:00 - 9:00 a.m. 11:00 a.m. - 5:15 p.m.	Open Gym 6:00 a.m. - 5:15 p.m. 7:15 - 8:00 p.m.	Open Gym 9:00 - 4:00 p.m.
		Pickleball 9:00 - 11:00 a.m.	Pickleball 9:00 - 11:00 a.m.			
Full - Court Basketball Ages: 19+ 11:00 a.m. - 1:00 p.m.		Full-Court Basketball Ages 19+ 11:00 a.m. - 1:00 p.m.	Full-Court Basketball Ages: 19+ 11:00 a.m. - 1:00 p.m.	Full-Court Basketball Ages: 19+ 7:00 - 8:30 p.m.		

HOURS OF OPERATION: MONDAY - THURSDAY (6:00a - 8:30p) | FRIDAY (6:00a - 8:00p) | SATURDAY (9:00a - 4:00p) | SUNDAY (9:00a - 1:00p)

SCHAITLER RECREATION CENTER, 5031 W. 46TH AVENUE, DENVER, CO 80212 | 720.865.0640 | DENVERGOV.ORG/RECREATION