



SCHEITLER @ BERKELEY PARK RECREATION CENTER

SUMMER 2018, MAY 27 - AUGUST 18

AQUA FITNESS SCHEDULE (ACTIVITIES LISTED ARE INCLUDED WITH REGIONAL LEVEL PASSES/MEMBERSHIPS. ADDITIONAL FEES APPLY FOR LOCAL AND NEIGHBORHOOD LEVELS.)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Aqua Aerobics 9:00 - 10:00 a.m.	Aqua Aerobics 9:00 - 10:00 a.m.	Aqua Aerobics 9:00 - 10:00 a.m.	Aqua Aerobics 9:00 - 10:00 a.m.	Outdoor Aqua Aerobics 9:00 - 10:00 a.m.	Aqua Aerobics 9:15 - 10:15 a.m.
	Water Walking 10:00 - 10:45 a.m.	Aqua Tone 10:00 - 11:00 a.m.	Water Walking 10:00 - 10:45 a.m.	Aqua Tone 10:00 - 11:00 a.m.	Water Walking 10:00 - 10:45 a.m.	
	Aqua Aerobics 5:30 - 6:30 p.m.		Aqua Aerobics 5:30 - 6:30 p.m.		Aqua Aerobics 5:30 - 6:30 p.m.	

SWIM HOURS (OPEN • LAP • ADULT • FAMILY)

SilverSneakers® honored at this site

Activity	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Outdoor Lap Swim		6:00 - 8:45 a.m.	6:00 - 8:45 a.m.	6:00 - 8:45 a.m.	6:00 - 8:45 a.m.	6:00 - 8:45 a.m.	
Lap Swim	9:00 - 11:00 a.m.	11:15 a.m. - 1:00 p.m.	11:15 a.m. - 1:00 p.m.	11:15 a.m. - 1:00 p.m.	11:15 a.m. - 1:00 p.m.	11:15 a.m. - 1:00 p.m.	10:30 a.m. - 1:00 p.m.
Adult Swim 2 Lap Lanes		1:00 - 3:00 p.m.	1:00 - 4:30 p.m.	1:00 - 3:00 p.m.	1:00 - 4:30 p.m.	1:00 - 3:00 p.m.	
Open Swim 1-2 Lap Lanes	11:00 a.m. - 12:30 p.m.	6:30 - 8:00 p.m.	6:30 - 8:00 p.m.	6:30 - 8:00 p.m.	6:30 - 8:00 p.m.	4:00 - 5:15 p.m. 6:30 - 7:30 p.m.	1:00 - 3:30 p.m.

SWIM LESSON SCHEDULE (REGISTRATION FEES APPLY)

POOL AREA SHUTS DOWN 30 MINUTES PRIOR TO CLOSING

Summer Season Information
Session I (06/04/18-06/28/18)
Session II (07/09/18-08/02/18)

Registration Begins: 05/08/18

Monday/Wednesday

- 4:00 - 4:30 p.m. • Preschool (ages 3 - 5)
- 4:30 - 5:00 p.m. • Level 3, 4/5 (ages 5 - 17)
- 5:00 - 5:30 p.m. • Level 1/2 (ages 5 - 17)

Tuesday/Thursday

- 5:00 - 5:30 p.m. • Level 1/2 (ages 5 - 17)
- 5:30 - 6:00 p.m. • Parent-Child (ages 6mos - 3) • Preschool (ages 3 - 5)
- 6:00 - 6:30 p.m. • Level 3, 4

Tuesday

- 6:30 - 7:30 p.m. • Adult Lessons (ages 15+)

Monday - Thursday

- 8:45 - 9:45 a.m. • Outdoor Swim Team Practice (ages 5-18)

Fall Season Information

Session I (08/27/18-09/20/18)
Session II (10/01/18-10/25/18)
Session III (11/05/18-12/06/18)

Registration Begins: 07/31/18

Monday/Wednesday

- 4:00 - 4:30 p.m. • Preschool (ages 3 - 5)
- 4:30 - 5:00 p.m. • Level 3, 4/5 (ages 5 - 17)
- 5:00 - 5:30 p.m. • Level 1, 2 (ages 5 - 17)

Tuesday/Thursday

- 5:00 - 5:30 p.m. • Level 1, 2 (ages 5 - 17)
- 5:30 - 6:00 p.m. • Parent-Child (ages 6mos - 3) • Preschool (ages 3 - 5)
- 6:00 - 6:30 p.m. • Level 3, 4 (ages 5 - 17)