

Condition of Permit from DPR

Every person and/or organization holding a permit from Denver Parks and Recreation must comply with applicable Colorado Department of Public Health and Environment (CDPHE) [Public Health Orders](#) and [Guidelines](#) in effect at the time of the event.

COVID-19 Prevention: Tips for Permit Holder – Athletic Fields/Courts

Organized Recreational Sports Leagues

In addition to the conditions of the permit and any other legal obligations that apply to the permitted activity, we ask that each permittee follow the guidance below.

Permit Holder

- Ensure compliance with capacity limits. Organized youth or adult recreational sports leagues (including practices and games) must be kept to a maximum of 25 players, excluding coaches or referees/umpires at a time per court or per field.
- Spectators are strongly discouraged. Parent spectators are permitted for youth sports, so long as members from different households maintain at least 6 feet of physical distance from each other.
- Maintain contact information and team rosters and be prepared to support local public health contact tracing efforts if exposures occur.
- Do not share snacks or water, except in emergency situations.
- Use personal equipment such as bats, mitts, rackets, etc., as much as possible
- Consider only holding games with other teams every 2 weeks, to minimize the number of new teams of players interacting. Regular practices with the same group are fine.
- Games that require extensive travel are strongly discouraged.
- Practice physical distancing of 6 feet from other households during drop off/pick up of players.
- Masks are encouraged where feasible (i.e. in dugouts, by coaches, by spectators).
- Frequently clean and sanitize common touch points.
- Provide hand sanitizer or facilities for hand washing.

Additional CDPHE Guidance for Participants in Organized Recreational Sports

- Practice physical distancing, by staying at least 6 feet from members of other households.
- Encourage participants to stay home if sick or exhibiting COVID-19 symptoms. Consider screening participants for fever, symptoms, or exposures before or at their arrival.
- Encourage participants who have been in close contact with a person suspected or confirmed to have COVID-19 (generally within 6 feet for at least 10 minutes, depending on the level of exposure) to stay home and self-quarantine.
- Bring hand sanitizer to clean hands when soap and water is not available.



Wash your hands often

- [Wash your hands](#) often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, **use a hand sanitizer that contains at least 60% alcohol**. Cover all surfaces of your hands and rub them together until they feel dry.
- **Avoid touching your eyes, nose, and mouth** with unwashed hands.



Avoid close contact

- **Avoid close contact with people who are sick, even inside your home.** If possible, maintain 6 feet between the person who is sick and other household members.
- **Put distance between yourself and other people outside of your home.**
 - Remember that some people without symptoms may be able to spread virus.
 - [Stay at least 6 feet \(about 2 arms' length\) from other people.](#)
 - Keeping distance from others is especially important for [people who are at higher risk of getting very sick.](#)



Cover your mouth and nose with a cloth face cover when around others

- You could spread COVID-19 to others even if you do not feel sick.
- Everyone should wear a [cloth face cover](#) when they have to go out in public, for example to the grocery store or to pick up other necessities.
 - Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.
- The cloth face cover is meant to protect other people in case you are infected.
- Do NOT use a facemask meant for a healthcare worker.
- Continue to keep about 6 feet between yourself and others. The cloth face cover is not a substitute for social distancing.



Cover coughs and sneezes

- **If you are around others and do not have on your cloth face covering, remember to always cover your mouth and nose** with a tissue when you cough or sneeze or use the inside of your elbow and do not spit.
- **Throw used tissues** in the trash.
- Immediately **wash your hands** with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.



Clean and disinfect

- **Clean AND disinfect [frequently touched surfaces](#) daily.** This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.
- **If surfaces are dirty, clean them.** Use detergent or soap and water prior to disinfection.
- **Then, use a household disinfectant.** Most common [EPA-registered household disinfectants](#) will work.



Monitor Your Health

- **Be alert for symptoms.** Watch for fever, cough, shortness of breath, or [other symptoms of COVID-19](#).
 - Especially important if you are [running essential errands](#), going into the office or workplace, and in settings where it may be difficult to keep a [physical distance of 6 feet](#).
- **Take your temperature** if symptoms develop.
 - Don't take your temperature within 30 minutes of exercising or after taking medications that could lower your temperature, like acetaminophen.
- Follow [CDC guidance](#) if symptoms develop.

Please contact the Denver Department of Public Health and Environment at phicomments@denvergov.org with any questions.